

Elevate Your Performance!

“Nothing has changed. Success is still a result of hunger, hard work, adaption, and adding value.”
— Brendan Burchard

During challenging times, how you respond matters. In today’s remarkably tough environment, with the COVID outbreak and other events that tend to upend the world as we know it, our adaptability and ability to move forward in the face of uncertainty is highly important. Whether you are a people leader or an individual contributor in an organization, change always starts with YOU! This training is designed to help you set specific goals and build personal habits to raise the bar of personal excellence.

The following learning objectives will be covered:

- 1. Describe the importance of showing up each day with a positive attitude**
- 2. Learn how to effectively set and achieve specific, measurable goals**
- 3. Understand the science of building habits to enhance your development and performance**
- 4. Identify key actions for maintaining full accountability for your success**
- 5. Learn to create a personal vision and purpose statement that inspire goal achievement**
- 6. Understand how putting extra effort into improving small things accumulates into big accomplishments over time**